

## Impressive Achievement at the All Hong Kong Age Group Rope Skipping Competition 2025

The All Hong Kong Age Group Rope Skipping Competition 2025, organized by the Hong Kong Rope Skipping Association, showcased remarkable talent and determination. Upholding the rules and regulations established by the World Rope Skipping Association, the HKRSA introduced modified competition rules specifically tailored for Hong Kong. This initiative aims to cultivate widespread interest in rope skipping and make it a popular sport among the people of Hong Kong.

In the fiercely competitive 1-minute (3-person) Double Dutch Freestyle, the team of 4A Koo Hoi Ying, 4B Cheung Sai Hong, and 5C Lin Man Ki achieved a well-deserved overall second runner-up position.

In the Secondary School Senior Mixed category, the overall team result was also second runner-up. The list of team members is as follows:

2D Huang Yuk Kris, 3A So Tik Ya Yaar, 3B Cheung Tsz Lam, 3C Hui Tsz Ching, 3C Kam Tsz Ching, 3D Chan Sum Yi, 4A Koo Hoi Ying, 4A Chen Qihui, 4B Cheung Sai Hong, 4B Li Shing Chung, 4D Bang Sai Wing, 5C Lin Man Ki

Congratulations to these exceptional athletes!

