

# Tsuen Wan Youth Chinese-style Foot Drill Training Programme

Our school has participated in the “Tsuen Wan Youth Chinese-style Foot Drill Training Programme”, which enables students to perform Chinese-style foot drill for ceremonial events.

Other than strengthening the core muscles, our students also learnt to be more perseverant and resilient in the training programme.

The participants of this training programme are:

1A Chan Ho Him, 1A Cheung Ho Lam, 1A Deng Ze Bin, 1A Lam Lap Wai Wilson,  
1A Lui Yu Fung, 1A Tong Lap Hin, 1B Lin Zhihan, 1B Wang Junxi,  
1D Wong Pui Ho, 2A Wong Tsz Ho, 2B Chan Chun Hong, 2C Yan Tsz Yiu,  
2C Lam Yin Chi Calvin, 2C Yang Zhiyuan David, 2D Lam Tze San, 3A Chen Meiling  
3A Wang Qiqi, 3A Liu Xinxiang, 3B Ko Yan Lam, 3B Chan Kwok Hei



