

Achievements of our School's Sports teams in

2022-23 Inter-School Sports Competitions (Tsuen Wan and Islands)

Our School's Sports Teams participated in Inter-school Swimming Competitions (Tsuen Wan and Islands) and Inter-school Athletics Competitions (Tsuen Wan and Islands) which were organized by The Hong Kong Schools Sports Federation, and got numerous awards. The prizes are as follows:

Inter-school Swimming Competitions (Tsuen Wan and Islands)	Boys A Grade 4x50m Medley Relay The 2 nd runner-up	5C Lau Pak Hei, Fung Ka Hong, Ho Yin Cho, 5E Li Long Hei
	Boys A Grade 100m Back Stroke The 3 rd runner-up	5C Lau Pak Hei
	Boys B Grade 50m Freestyle The 2 nd runner-up	4E Hung Kin To
	Boys B Grade 200m Breast Stroke The 2 nd runner-up	4D Cheung Wai Kit
	Boys C Grade 100m Freestyle The 3 rd runner-up	2A Guo Cyrus
	Boys C Grade 200m Freestyle The 3 rd runner-up	
	Girls B Grade 50m Freestyle The 2 nd runner-up	4B Chan Lok lu
	Girls B Grade 200m Freestyle The 3 rd runner-up	
	Girls C Grade 200m Breast Stroke The 3 rd runner-up	1D Cheung Claudea Hoi Yan
Inter-School Athletics Competitions (Tsuen Wan and Islands)	Boys A Grade: 200m The 3 rd runner-up	5C Ho Yin Cho
	Girls A Grade: 1500m The 1 st runner-up	4A Chen Jiayi
	Girls A Grade: Discus Throw The 3 rd runner-up	6C Fung Hoi Ting
	Boys C Grade: Long Jump The 1 st runner-up	2D Chung Hei Shun
	Girls C Grade: 100m The 1 st runner-up	2C Sin Tsz Ching

	Boys C Grade: Hurdle The 3 rd runner-up	2D Ye Yat Fu Stephen
	Boys C Grade: 4X100m relay The 1 st runner-up	1D Yan Lok Tin, 2C Hui Hoi Yiu, 2D Chow Chun 、 Chung Hei Shun, Ye Yat Fu Stephen
	Girls C Grade: 4X100m relay The 2 nd runner-up	1A Cheung Tsz Lam, 1B Hwang Ching Yan, 1D Fung Hiu Ching, Cheung Claudea Hoi Yan, 2C Sin Tsz Ching





