TSUEN WAN PUBLIC HO CHUEN YIU MEMORIAL COLLEGE PHYSICAL EDUCATION DEPARTMENT 2024-2025

OBJECTIVE

Through teaching a wide range of sports skills and knowledge, helps students develop an active and healthy lifestyle, and nurture balanced development in the five virtues, 'ethics, intellect, physical development, social skills and aesthetics'.

MAJOR CONCERN

To arouse students' interest in sports, enrich their learning experience by incorporating different reading materials and applying STEAM knowledge in learning activities.

ASSESSMENT SYSTEM

The students will be assessed as follows:

Items	Percentage		
1. Class Performance (Attendance, punctuality and attitude)	40%		
2. Skills	25%		
3. Physical fitness	25%		
4. Knowledge in physical fitness and sports	10%		
5. Bonus	10%		

Students' overall performance in this subject will be graded as shown below:

Grade	A	В	C	D	Е	F
Performance	Excellent	Good	Fair	Satisfactory	Pass	Fail

Normally, students who do not attend classes more than three times a term may not be graded and will fail in this subject unless under exceptional cases. Basically, the performance of an average student in this subject will be classified in grade C category. Furthermore, grades with plus and minus signs will also be used whenever applicable.

CURRICULUM

Form	1	1		2	3	3	,	4		5	(5
Activities	Boy	Girl										
Athletics	6	5	6	5	6	6	6	6	6	6	4	4
Assessment	-	-	-	-	-	-	-	-	-	-	-	-
Badminton	4	6	-	2	2	1	-	2	2	2	-	2
Basketball	4	6	-	5	4	2	-	4	2	-	2	-
Bowling	-	-	-	-	ı	-	-	-	6	6	I	-
Dance	-	-	-	-	-	2	-	-		-	4	2
Dodgeball	2	2	2	2	2	-	2	2	2	2	2	2
Dodgebee	-	-	-	-	2	-	-	2	3	-	-	-
Fitness Training	8	8	8	8	8	8	8	8	8	8	4	4
Football	4	1	-	1	4	5	-	-	2	-	2	-
Golf	-	-	-	-	6	2	-	-		2	-	2
Gymnastics	-	1	3	2	-	-	2	1		-		-
Handball	-	-	4	-	-	-	2	2		-	-	-
Martial Arts	-	1	-	1	-	1	6	-	2	5	2	3
Rope-Skipping	2	2	-	1	6	4	-	-		-	1	-
Rowing	-	1	-	-	-	-	-	1	1	1	ı	-
Rugby	4	-	4	-	ı	-	2	2		-	I	-
Shuttlecock	-	-	3	-	1	1	-	2	2	2	1	-
Softball	-	-	ı	-	ı	1	4	1		1	1	-
Swimming	6	6	6	6	ı	-	-	-	4	-	1	-
Table-tennis	2	1	2	2	2	4	-	4	2	-	1	-
Tennis	-	-	-	-	-	-	6	4	-	-	2	2
Theory	2	2	2	2	2	2	2	2	2	2	1	1
Volleyball	-	2	4	6	1	4	2	-	-	5	1	-
Others	4	4	4	5	4	5	6	5	4	6	3	4
Areas of Activity	5	6	6	6	5	5	5	5	5	4	5	5
No. of lessons	4	8	4	18	4	8	4	18	4	-8	2	6

INTERNAL SPORTS COMPETITIONS

Date	Competitions					
	Sports Days					
Oct 2024	Inter-house Soccer Competition					
	Inter-class Basketball Competition (Senior Forms)					
Nov 2024	Inter-house Basketball Competition (Senior Forms)					
110V 2024	Inter-class Dodgeball Competition (Senior Forms)					
Dec 2024	Inter-house Table Tennis Competition					
Mar 2025	Inter-house Basketball Competition (Junior Forms)					
Apr 2025	Inter-class Basketball Competition (Junior Forms)					
May 2025	Inter-class Dodgeball Competition (Junior Forms)					
July 2025	Inter-class Volleyball Competition (TBC)					
041 <i>j</i> 2020	Inter-school Basketball Competition (Primary schools)					